

# Haze is a risk factor contributing to the rapid spread of respiratory syncytial virus in children

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**Abstract** This study investigated whether respiratory syncytial virus (RSV) infection in children was associated with ambient temperature and air pollutants in Hangzhou, China. A distributed lag non-linear model (DLNM) was used to estimate the effects of daily meteorological data and air pollutants on the incidence of RSV infection among children. A total of 3650 childhood RSV infection cases were included in the study. The highest air pollutant concentrations were in January to May and October to December during the year. The yearly RSV-positive rate was 10.0 % among children with an average age of 4.3 months. The highest RSV-positive rate occurred among patients 0 to 3 months old. Children under 6.5 months old accounted for 80 % of the total patients infected by RSV. A negative correlation was found between ambient temperature and RSV infection, and it was strongest with minimum ambient temperature ( $r = -0.804$ ,  $P < 0.001$ ). There was a positive correlation between the infection rate and the particulate matter (PM) 2.5 ( $r = 0.446$ ,  $P < 0.001$ ), PM10 ( $r = 0.397$ ,  $P < 0.001$ ), SO<sub>2</sub> ( $r = 0.389$ ,  $P < 0.001$ ), NO<sub>2</sub> ( $r = 0.365$ ,  $P < 0.001$ ) and CO ( $r = 0.532$ ,  $P < 0.001$ ). The current study suggested that temperature was an important factor associated with RSV infection

among children in Hangzhou. Air pollutants significantly increased the risk of RSV infection with dosage, lag and cumulative effects.

**Keywords** Air pollution · Particulate matter · Respiratory syncytial virus

## Introduction

Although the government has created some environmental policies that limit the levels of certain air pollutants, there are still a number of adverse health effects that are caused by exposure to these agents. Numerous epidemiological studies have noted an association between air pollution levels and hospital admissions for a variety of different health problems (including a number of respiratory diseases) and an increased morbidity and mortality associated with various cardiovascular diseases (Langrish et al. 2014; Lin et al. 2013; Tong et al. 2014; Wong et al. 2014). Because respiratory virus infections largely impact morbidity and even mortality, it is important to understand whether and how exposure to common air pollutants exacerbates the susceptibility to and the severity of respiratory virus infections. Respiratory syncytial virus is a respiratory virus that can cause severe infection among infants and young children, and it is the leading cause of bronchiolitis in children under 1-year-old around the world (Halasa et al. 2015; Ye et al. 2015). RSV outbreaks also cause a significant increase in hospital admissions during the winter (Piedimonte and Perez 2014). To clarify the relationship between air quality and RSV infection, this study applied a distributed lag non-linear model to assess the effects of the daily meteorological data and air pollutants on the risk of RSV infection among children.

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## Objects and methods

### Study subjects

To study the correlation between air quality and RSV infection, a prospective study was performed from January 1, 2015 to December 31, 2015. During this period, 100 nasopharyngeal secretion specimens were collected each day from patients with respiratory tract infections at the paediatric outpatient department in Hangzhou. The RSV-positive samples were detected by direct immunofluorescence assays and then used to calculate the RSV-positive rate per day. Additionally, meteorological data and atmospheric pollutant data from Hangzhou were collected from the online air quality detection analysis platform (<http://www.aqistudy.cn/>). The meteorological data included the daily maximum temperature, minimum temperature, average temperature, temperature variance and relative humidity. The atmospheric pollutant data included the daily AQI index and PM<sub>2.5</sub>, PM<sub>10</sub>, CO, NO<sub>2</sub> and SO<sub>2</sub> concentrations. A statistical method was employed to assess the effects of daily meteorological data and air pollutants on the risk of RSV infection among children. The study was approved by the medical ethics committee of the Children's Hospital of Zhejiang University School of Medicine. Written informed consent was obtained

from the guardians of the child participants who were enrolled in the study.

### Method for RSV detection

The respiratory syncytial virus from nasopharyngeal swabs was detected using the D3 Ultra DFA Respiratory Virus Screening and ID kit (Diagnostic Hybrids, Athens, USA). On each well of a two-well and an eight-well slide, 25 µL of the prepared cell suspension, collected from nasopharyngeal swabs was spotted. This step was repeated for each specimen. The wells were allowed to air dry completely. The cells were fixed onto the slides using fresh, chilled 100 % acetone for 5 to 10 min at 20° to 25 °C. Afterwards, the fixative was removed, and the slides were air dried. One drop of the DFA screening reagent was added to completely cover the dried, fixed cells in each of the two-well slides and in each well of a fresh respiratory virus antigen control slide. The antigen control slide was stained only once, as it contained individual wells of viral infected cells and non-infected cells. One drop of normal mouse gamma globulin DFA reagent was also added to completely cover the dried, fixed cells on one well of each two-well slide. The slides were then placed in a covered, humidified chamber at 35 °C to

**Table 1** RSV infection rate, atmospheric environment and meteorological conditions in Hangzhou, 2015

Variables	Criterion value	Mean	Standard deviation	Minimum	Percentile			Maximum	<i>r</i>	<i>P</i>
					25th	50th	75th			
Air pollutions										
AQI	50 <sup>b</sup>	79.5	36.6	20.0	55.0	71.0	97.0	272.0	0.403	<0.001
PM2.5 (µg/m <sup>3</sup> )	10 <sup>b</sup>	53.9	30.6	8.0	32.0	48.0	68.0	224.0	0.446	<0.001
PM10 (µg/m <sup>3</sup> )	20 <sup>b</sup>	80.6	41.0	11.0	51.5	72.0	100.0	283.0	0.397	<0.001
SO2 (µg/m <sup>3</sup> )	20 <sup>a</sup>	14.5	6.9	4.0	9.0	13.0	18.0	43.0	0.389	<0.001
NO2 (µg/m <sup>3</sup> )	40 <sup>b</sup>	44.4	16.2	11.0	33.0	42.0	53.0	96.0	0.365	<0.001
CO (µg/m <sup>3</sup> )	10 <sup>c</sup>	0.9	0.3	0.4	0.7	0.8	1.0	2.0	0.532	<0.001
Weather										
Minimum temperature (°C)		14.1	8.1	−2.0	6.5	15.0	21.0	28.0	−0.804	<0.001
Maximum temperature (°C)		22.1	8.4	3.0	15.0	24.0	29.0	39.0	−0.699	<0.001
Mean temperature (°C)		18.1	8.0	2.0	11.3	19.5	24.5	33.5	−0.772	<0.001
Temperature variations (°C)		8.0	3.9	1.0	6.0	8.0	10.0	27.0	0.175	0.001
Relative humidity (%)		73.8	14.5	28.0	64.0	75.0	87.0	97.0	−0.137	0.009
Amount of precipitation (mm)		4.0	9.0	0.0	0.0	0.0	4.0	86.0	−0.138	0.008
Disease										
RSV-positive rate (%)		10.4	12.0	0.0	0.0	5.1	18.2	52.0		

Temperature variance refers to the daily temperature difference

<sup>a</sup> Twenty-four-hour mean from “WHO air quality guidelines”

<sup>b</sup> Annual mean from “WHO air quality guidelines”

<sup>c</sup> Maximum daily 8-hour mean from “on ambient air quality and cleaner air for Europe”

37 °C for 15 to 30 min. Then, the stained cells were rinsed using a  $\times 1$  wash solution and de-mineralized water. The stained, mounted cells were examined with a fluorescence microscope at magnifications from  $\times 200$  to  $\times 400$ . If the slide was positive for the respiratory virus, the staining procedure was repeated using the reserved eight-well specimen slide to identify whether respiratory syncytial virus was present.

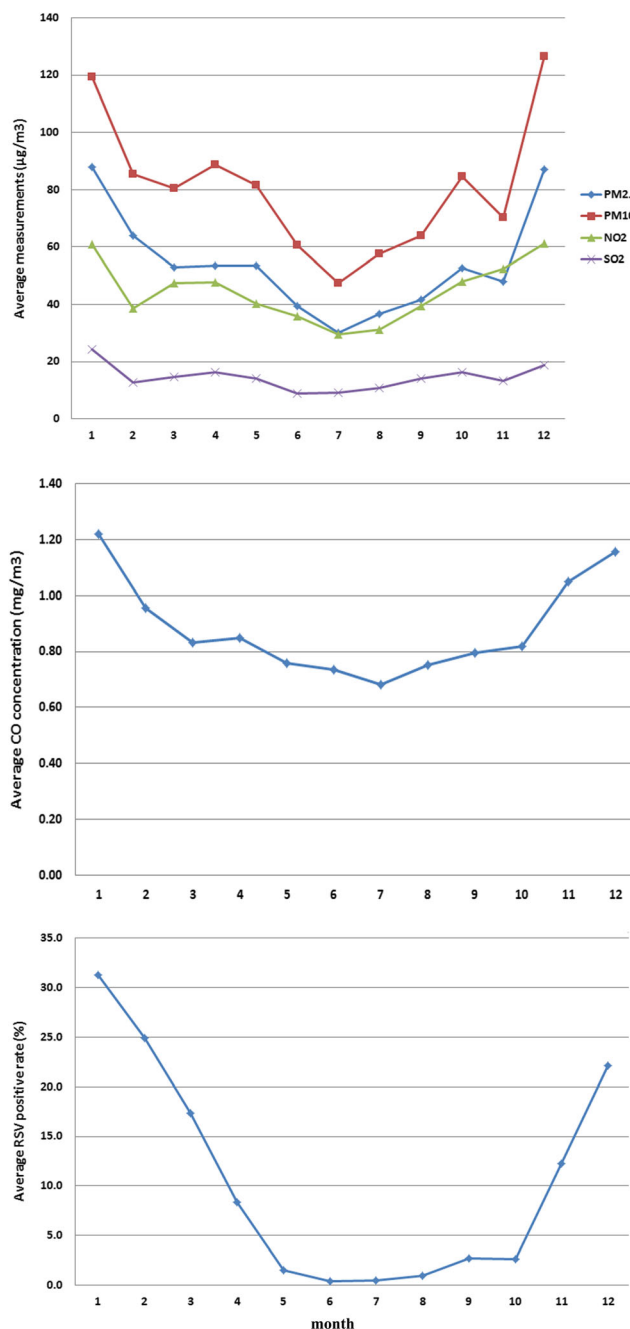
### Statistical analysis

The distributed lag non-linear model is a time sequence model based on generalized linear models and generalized additive models, which are advantageous for analysing the lag effect and cumulative effect in non-linear processes. Consequently, this model was adopted to fit the experimental data. Please refer to reference (Gasparrini and Leone 2014) for details. The daily RSV-positive rate was used as the dependent variable, and a cross matrix was created with the daily pollutant concentrations, temperature and lag time. The confounding effects of holiday effects, relative humidity, day of the week and long-term trends were controlled to analyse the relationship between the daily pollutant concentrations, the temperature and the RSV-positive rate. The model formula was as follows:  $\text{LogE}[Y_t] = a1\text{crossbasis1} + ns(x1, df) + a2\text{crossbasis2} + a3\text{crossbasis3} + a4\text{crossbasis4} + a5\text{crossbasis5} + a6\text{crossbasis6} + \beta_1 x_2 + \gamma_1 x_3 + \gamma_2 x_4 + \delta$ , where  $Y_t$  is the RSV-positive detection rate on the observation date  $t$ , and crossbasis1 is the cross matrix created with the daily pollutant concentrations, temperature and maximum lag days in the DLNM software package. The daily temperature and PM2.5, PM10, SO<sub>2</sub>, NO<sub>2</sub> and CO concentrations were evaluated in the model. The variable “ns” is the natural cubic spline function,  $df$  is the degree of freedom confirmed by the Akaike information criterion (AIC), and  $x_1$  is the time sequence variable that controls the long-term trend. Crossbasis 2–6 are five additional variables excluding the variable substituted for dividing crossbasis1. The variable  $x_2$  describes the relative humidity of the same period, and  $\beta_1$  is its coefficient. The dummy variable  $x_3$  describes the day of week, and  $\gamma_1$  is its coefficient. The variable  $x_4$  describes whether  $t$  is a holiday, defined by the Chinese government website and including legal holidays, such as the Spring Festival, National Day and Tomb-Sweeping Day;  $\gamma_2$  is its coefficient. The term “ $\delta$ ” is a constant of the model. Data manipulation and all statistical analyses were performed using SPSS18.0 statistical software and statistical environment R 3.2.3 (DLNM 2.1.3 package). Relative risk (RR) is the ratio of the probability of RSV infection occurring in an exposed group to the probability of the event occurring in a comparison, non-exposed group.

## Results

### Characteristics of RSV-infected patients and the atmospheric environment and meteorological conditions in Hangzhou in 2015

The average temperature of Hangzhou in 2015 was 18.1 °C, the minimum temperature was −2 °C, and the maximum temperature was 39 °C. The average relative humidity throughout



**Fig. 1** Patterns of the respiratory syncytial virus (RSV)-positive rate among children and the concentrations of air pollutants by month in Hangzhou, 2015

the year was 73.8 %. The major air pollutants were PM<sub>2.5</sub> and PM<sub>10</sub>, which were five times and four times higher, respectively, than the WHO standard (Table 1). The highest air pollutant concentrations were recorded from January to May and from October to December (Fig. 1). This study included 36,500 cases of children with respiratory tract infection, and there were 3650 RSV positive patients; thus, the positive rate was 10.0 %. Among the RSV-positive patients, there were 2343 males and 1307 females and the ratio of males to females was 1.8:1. The average age was 4.3 months, and the standard deviation of the age distribution was 7.9 months. Patients 0 to 3 months old had the highest RSV-positive rate. Children under 6.5 months old accounted for 80 % of the total patients infected by RSV, and approximately 95 % of RSV-positive children were younger than 10.5 months old (Fig. 2). The high-incidence seasons of RSV infection were from January to March and December (Fig. 3).

### The relationship between ambient temperature and RSV infection

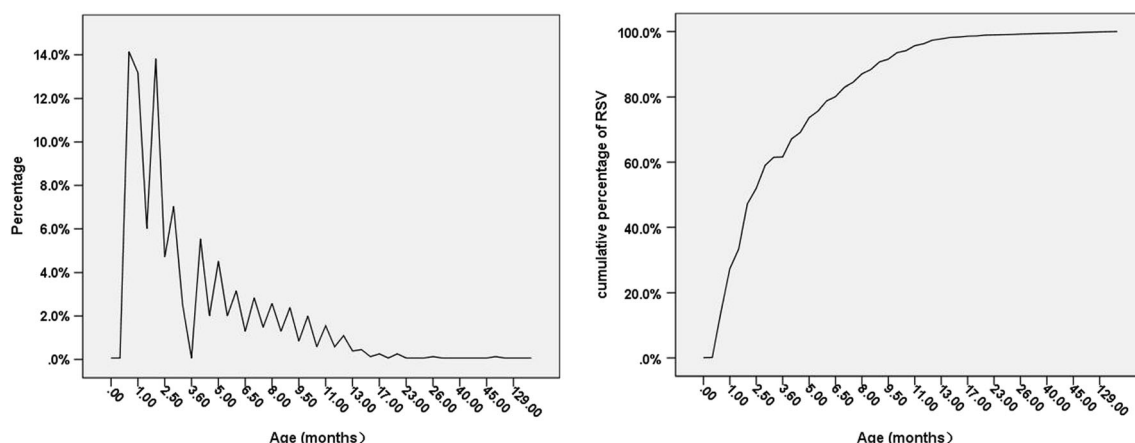
There was a negative correlation between ambient temperature and the RSV infection rate. The strongest correlation was between minimum ambient temperature and RSV infection rate ( $r = -0.804$ ,  $P < 0.001$ ) (Table 1). When the minimum ambient temperature was below 9 °C, the RSV-positive detection rate was greater than 20 %; however, when the minimum ambient temperature was higher than 20 °C, the positive rate was lower than 5 % (Fig. 3). There was an evident lag effect of the ambient temperature impact on the RSV detection rate. Generally, the maximum impact of ambient temperature variation on the detection of RSV occurred at lag 4 day, and the maximum RR was approximately 1.4. Using 20 °C as the reference, the cumulative effect decreased gradually with an increase in ambient temperature. In 2015, the cumulative relative risk caused by the maximum cumulative effect due to the ambient temperature drop was 1.8 at 6 °C.

### The relationship between air pollutants and RSV infection

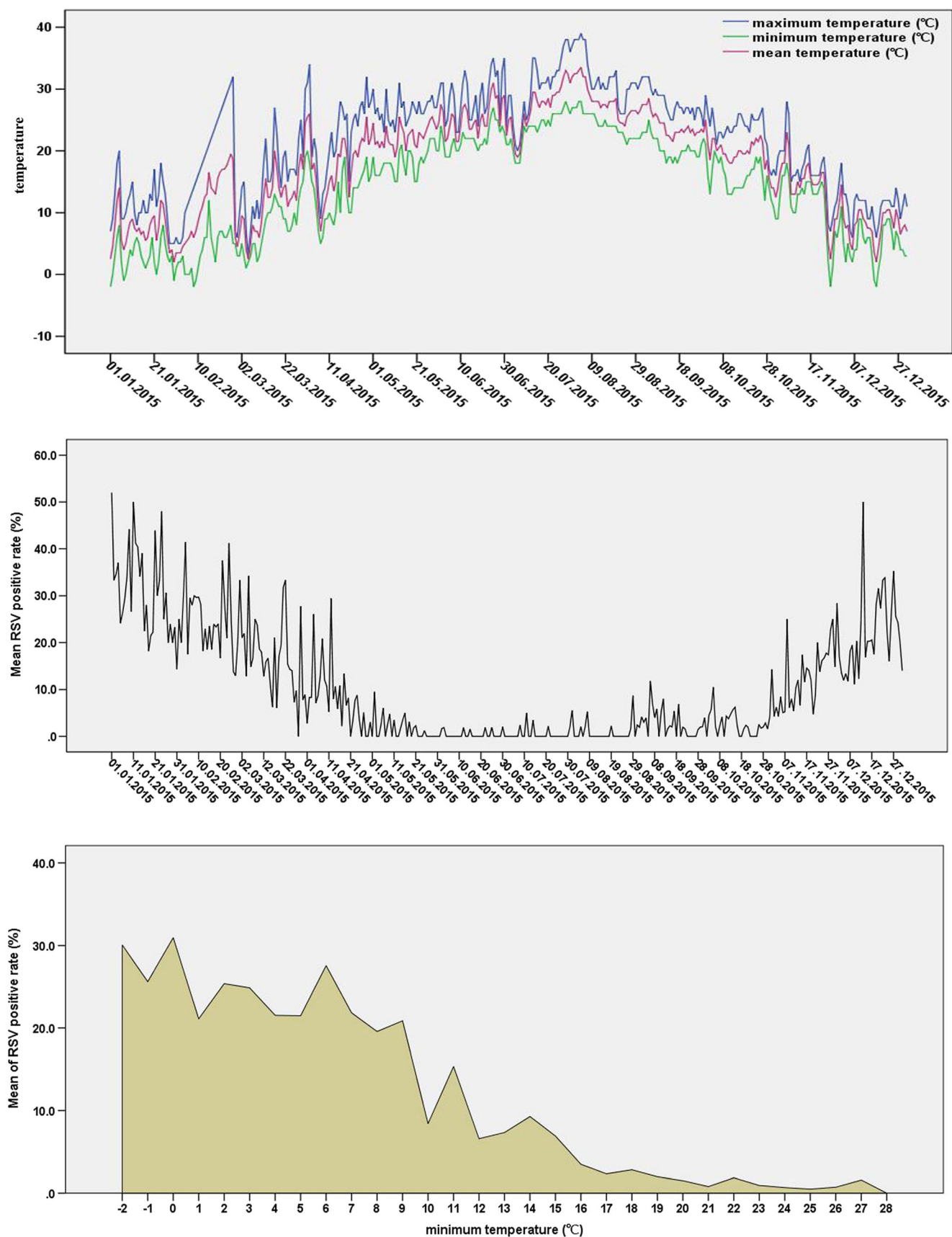
There was a positive correlation between the RSV infection rate and PM<sub>2.5</sub> ( $r = 0.446$ ,  $P < 0.001$ ), PM<sub>10</sub> ( $r = 0.397$ ,  $P < 0.001$ ), SO<sub>2</sub> ( $r = 0.389$ ,  $P < 0.001$ ), NO<sub>2</sub> ( $r = 0.365$ ,  $P < 0.001$ ) and CO ( $r = 0.532$ ,  $P < 0.001$ ). When the concentration of PM<sub>2.5</sub> was over 150 µg/m<sup>3</sup>, it started to affect RSV infection rates, and the relative risk gradually decreased with the increase of lag days. Elevated PM<sub>10</sub> concentrations were not immediately harmful but were after a lag of 3 days. Both PM<sub>2.5</sub> and PM<sub>10</sub> concentrations had no significant cumulative effect on RSV infection rates. NO<sub>2</sub> and SO<sub>2</sub> pollution levels showed the greatest relative risk of RSV infection at a lag of approximately 3 days. With increased SO<sub>2</sub> concentration, relative risk gradually increased, and when NO<sub>2</sub> concentrations exceeded 40 µg/m<sup>3</sup>, relative risk of RSV infection was attenuated; however, both pollutants had no significant cumulative effect. CO showed a higher risk at low concentrations and its RR increased with increased CO concentrations. There was a lag effect such that the relative risk gradually decreased with an increase of lag days. The strongest cumulative effect occurred when the CO concentration was 1.5 mg/m<sup>3</sup>; the RR was approximately 2. (Figs. 4 and 5).

### Discussion

This study included 36,500 children with respiratory tract infections, and the respiratory syncytial virus-positive detection rate was 10 %. In the USA, the RSV infection rates of patients that led to emergency department and paediatric practice visits were 28 in 1000 and 8 in 1000, respectively (Hall et al. 2009); both showed a high RSV infection rate. Additionally, our research showed that males were more susceptible because the ratio of RSV-infected males to females was 1.8:1. The average age of infected children was 4.3 months, and the standard deviation of the age distribution was 7.9 months. Children

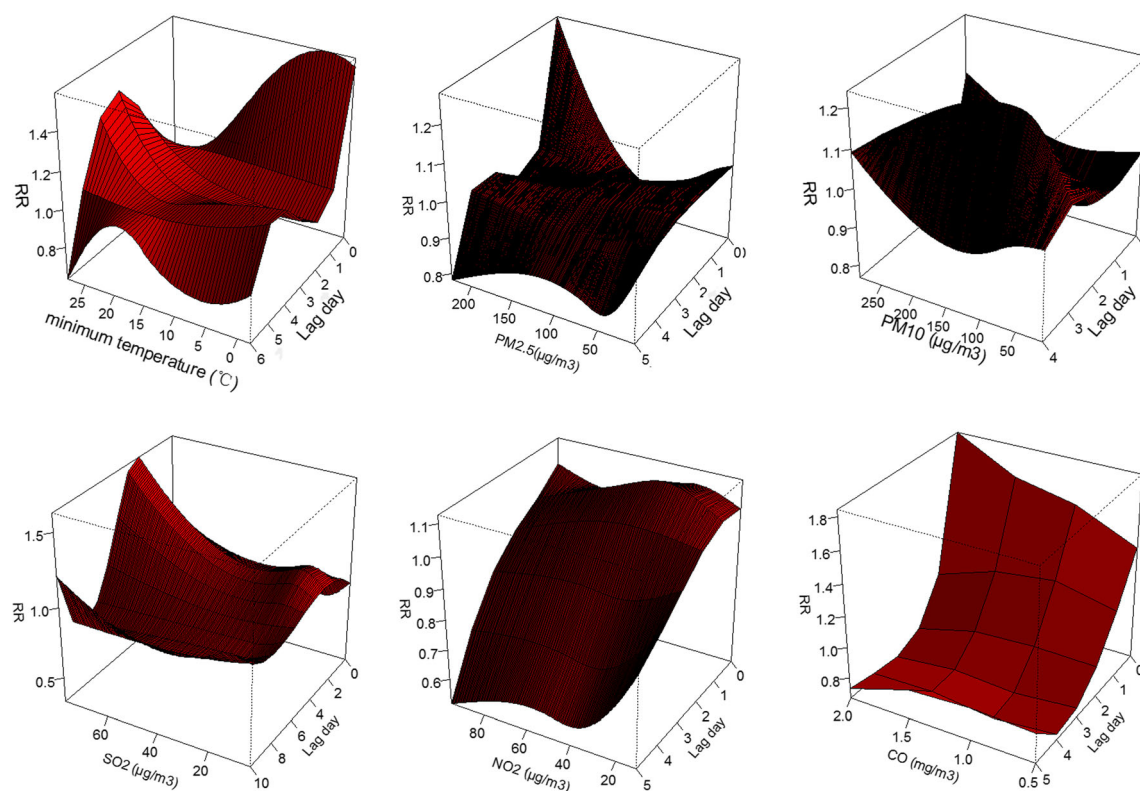


**Fig. 2** Age distribution of RSV infected children



**Fig. 3** Patterns of the RSV positive rate among children and the ambient temperature in Hangzhou, 2015

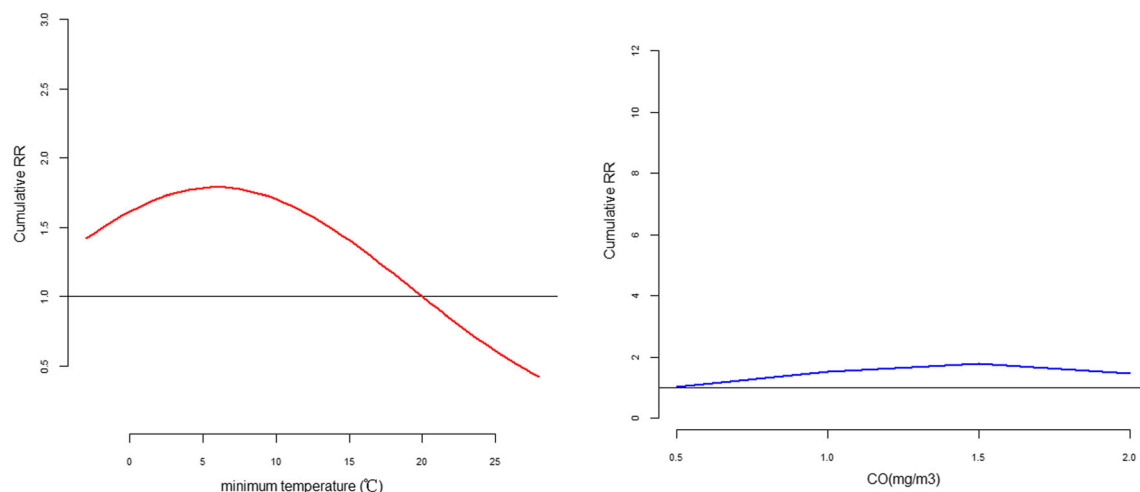




**Fig. 4** Lag associations and dose effect between ambient temperature (baseline: 20 °C)/air pollutants and RSV infection rate. The distributed lag non-linear model (DLNM) model controlled for the effects of holiday effects, relative humidity, day of the week and long-term trends

younger than 6.5 months accounted for 80 % of the total RSV-infected patients, and approximately 95 % of the RSV-positive children were younger than 10.5 months old, which was similar to that reported by other studies (Panayiotou et al. 2014; Rodriguez-Martinez et al. 2015). In addition, children aged 0 to 3 months had the highest RSV-positive rate, which may be related to their immature immune system. Our results also suggested that infants cannot obtain the effective antibodies maternally to avoid RSV infection.

According to our study, the highest months of RSV infection incidence in Hangzhou were from January to March and December; these months were also the coldest periods of the year in this area. There was a negative correlation between ambient temperature and RSV infection rate. The strongest correlation was found between the minimum temperature and the RSV infection rate ( $r = -0.804$ ,  $P < 0.001$ ). When the minimum ambient temperature was below 9 °C, the RSV-positive detection rate was greater than 20 %; when the



**Fig. 5** Cumulative relative risks for minimum temperature and CO associated with the RSV infection rate using the DLNM model, which controlled for the effects of holiday effects, relative humidity, day of the week and long-term trends

minimum ambient temperature was higher than 20 °C, the RSV-positive detection rate was less than 5 %. Therefore, ambient temperature was an important factor that impacted the prevalence of RSV in Hangzhou, similar to that of studies in other geographical areas (Paynter et al. 2014; Pica and Bouvier 2014; Vandini et al. 2013). Additionally, there was a lag effect between ambient temperature and RSV detection rate. Generally, the maximum impact of ambient temperature variation on RSV detection occurred on lag 4 day, and the maximum RR was approximately 1.4. With 20 °C as the reference, the cumulative effect decreased gradually with an increase in ambient temperature. In 2015, the cumulative relative risk caused by the maximum cumulative effect of temperature drops was 1.8 at 6 °C. However, the mechanism by which the temperature drop increased the risk of RSV infection among children remains unclear. Based on laboratory evidence (Moe and Harper 1983), low temperature may prolong virus survival in the environment, which increases the possibility of infectious virus exposure.

In 2015, the regional gross domestic product (GDP) of Hangzhou was 1005.358 billion Yuan, making Hangzhou the tenth city exceeding 1000 billion Yuan in GDP across China. In comparison, the year-to-year growth was 10.2 %. This high-speed economic development also caused abundant environmental problems, including severe haze. Air pollutants, such as PM<sub>2.5</sub>, PM<sub>10</sub>, SO<sub>2</sub>, NO<sub>2</sub> and CO, were usually above the limits. The primary air pollutants in Hangzhou were PM<sub>2.5</sub> and PM<sub>10</sub>, and their average levels exceeded the WHO standard by five times and four times, respectively, in 2015. From January to May and from October to December, the airflow was relatively stable in Hangzhou, and it was attenuated the spread of pollutants. As a result, these months had the highest concentrations of air pollutants. This period coincided with the high-incidence months (January to March and December) of RSV infection in Hangzhou. In addition, the finding that air pollution impacted the morbidity of RSV among children is advantageous for clinical practice. Generally, after the deterioration of air quality, the number of patients with bronchiolitis due to RSV increases significantly. If air pollution occurred for an extended period of time, it may cause a small peak in the occurrence of RSV. This study applied a distributed lag non-linear model to assess the effects of air pollutants on the RSV-positive rate among outpatient children.

The results of this study showed that there was a positive correlation between the concentrations of air pollutants, such as CO, SO<sub>2</sub>, PM<sub>2.5</sub>, PM<sub>10</sub> and NO<sub>2</sub>, and the morbidity of RSV. These pollutants significantly increased the relative risk of RSV infection among children. Moreover, this impact was characterized by an evident dosage, lag and cumulative effect. Many studies showed that air pollution could cause a high incidence of respiratory disease (Gordon et al. 2014; Liang et al. 2014; Walton et al. 2010; Xu et al. 2013), but what the potential

mechanisms mediating these effects are remain unknown (Cienciewicz and Jaspers 2007). It is believed that oxidative stress induced within an individual can have a wide range of effects on immunity as well as a variety of other processes. All of the pollutants evaluated herein have been shown to induce oxidative stress, and exposure to these agents may result in the production of free radicals, which can have damaging effects on the lungs (Hochscheid et al. 2005; Jaspers et al. 2005). Air pollutants may modulate a host's antiviral defences. Studies have shown that exposure to air pollutants can reduce the ability of macrophages to phagocytize (Hiraiwa and van Eeden 2013; Rylance et al. 2015). Additionally, surfactant proteins play an important part of the innate immune defence against respiratory viruses; studies conducted by our lab, as well as by others, have shown that exposure to air pollutants can decrease the expression and alter the function of hydrophilic surfactant proteins, such as SP-A and D (Silveyra and Floros 2012), which are associated with enhanced susceptibility to respiratory virus infections. Moreover, these effects are increased in the paediatric population, especially among young infants, because they have a higher respiratory rate and, therefore, inhale more pollutants per kilogram of body weight. In conclusion, air pollutants significantly increased the risk of RSV infection, and dosage, lag and cumulative effects were observed. However, the risk of RSV infection caused by air pollution still needs to be verified by additional clinical studies and experimental data.

**Compliance with ethical standards** The study was approved by the medical ethics committee of the Children's Hospital of Zhejiang University School of Medicine. Written informed consent was obtained from the guardians of the child participants who were enrolled in the study.

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**Author contributions** Conceived and designed the experiments: Shi-qiang Shang. Performed the experiments: Jun-fen Fu, Jian-hua Mao and Shi-qiang Shang. Analysed the data: Jun-fen Fu. Contributed reagents/materials/analysis tools: Jun-fen Fu, Jian-hua Mao and Shi-qiang Shang. Wrote the paper: Qing Ye.

**Conflicts of interest** The authors declare that they have no conflict of interest.

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